## Lived Expertise: Widening the Lens on Decision-Making

## Welcome:

Setting the ground rules for a successful session.

## Re-Do Welcome:

Setting the context for this session.

## Table Talk:

 What was your experience during the opening portion of this session?

 Can you think of some examples like this in your day-today work and what are the causes?

### The story of this presentation:

An example of what stops us

An illustration of what barriers are in place to keep things the same



#### Dominant Culture Norms Defined

Either/Or Thinking	Taking little or no time to consider alternatives; Having no sense that things can be both/and
Worship of the Written Word	Devaluing other ways in which information gets shared; Believing that once people "see the light" they will adopt "right" ways
Objectivity	Believing one can be objective, that emotions should not play a role in decision-making; Requiring people to think linearly and ignoring or invalidating those who think differently
Quantity Over Quality	Valuing things that can be measured more than things that cannot, like relationships, processes, emotions and feelings
Individualism	Seeking individual recognition and credit; Spending little time or resources on developing collaboration skills
Power Hoarding	Assuming that those without power, those wanting change are stupid or inexperienced, that one has their "best interests at heart"
Fear of Open Conflict	Avoiding issues that may be causing problems; Blaming those who raise them and valuing politeness

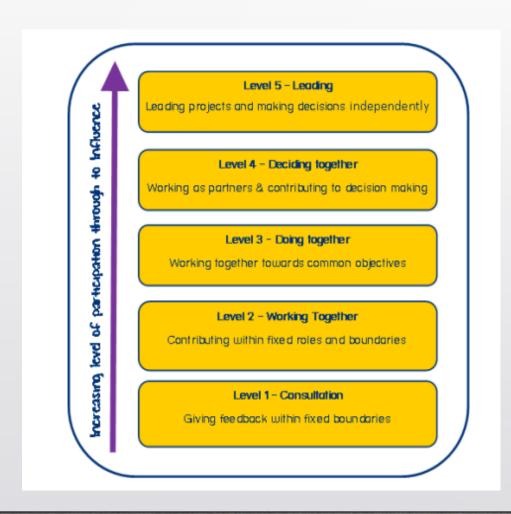
#### More Dominant Culture Norms Defined

Sense of Urgency	Refusing to take the time to be inclusive and democratic, to consider long-term consequences
Defensiveness	Responding in a way that makes it very difficult to raise new or challenging ideas
Paternalism	Believing those with power are capable of making decisions for and in the interests of those without power, without necessarily understand their viewpoints or experiences
Progress is Bigger, More	Determining success based on increases in what's being measured
Right to Comfort	Scapegoating those who cause discomfort
One Right Way	The belief there is one right way to do things and that I am qualified to know what the perfect right way is for myself and others
Perfectionism	Commonly pointing out how the person or work is inadequate

#### Why Lived Expertise Matters

- Better ensure programs and policies can meet the needs of the community they serve
- Bring knowledge and skills beyond theoretical framework
- Humanize our work
- Bring depth and nuance to the conversation
- Build trust and buy-in from those we serve

#### Levels and Types of Participation and Influence



- Leadership
- Advisory Councils
- Committees / Workgroups
- Peer Support Programs
- Workforce / Employment
- Listening Sessions and Focus Groups
- Surveys
- Storytelling

## Table Talk:

• What barriers can you identify to increasing the participation and influence of people of lived experience in your sphere?

What steps can we take to over come these barriers?

#### **Best Practices**

- Compensation
- Provide informed consent
- Representation rather than tokenism
- Provide training
- Show tangible results of the input provided
- Ensure diversity (that is representative of the people)

#### Tips

- Be prepared to hear and learn things you were not expecting
- Be aware of power differentials
- Practice active listening
- Communicate in plain language
- Establish feedback loops

#### Real Life Examples

- 1: Client Influence on Human Services Campus Re-Branding Aaron Lotten – ASU
- 2: Lived Experience Advisory Council

  Trevor Southwick, Arizona Housing Inc
- 3: Maricopa Regional Continuum of Care Lived Experience Committee Michelle Miguel – Maricopa Association of Governments
- 4. Central Arizona Shelter Services Single Adult Shelter Reprimand Policy Change

#### Lived Experience Advisory Council Commercial

- Mission
- Current Work
- Accepting requests for consultation: <a href="https://forms.gle/LBDvbC7ExLF86GSb8">https://forms.gle/LBDvbC7ExLF86GSb8</a>
- For more information email: actionnexus@asu.edu

## Reflection:

 What action will you take in the next 30 days based upon what your experience today?

How will you hold yourself accountable for taking this action?

#### Additional Action Steps:

- Text 602-856-5308 with your action step to receive reminder
- Sign up to receive follow-up info from this session- use sheet at your table
- Join the Lived Experience Advisory Council and / or
- Share the Lived Experience Advisory Council information flier with clients, staff members, and friends
- Review the additional resources at the end of this slide deck.

# Thank you!!!!

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#### **Resources:**

Engaging with People who have been Homeless

 https://nationalhomeless.org/wp-content/uploads/2020/11/Homeless-Leadership.docx.pdf

#### Resources for Understanding White Supremacy Dominant Culture

- https://www.whitesupremacyculture.info/characteristics.html
- http://lydiahooper.com/blog/white-supremacy
- https://coco-net.org/wp-content/uploads/2019/11/Coco-WhiteSupCulture-ENG4.pdf